



# YOUR BEST LIFE

SEPT 2022

Honest. Excellent. Real.

## The Trophy Room

One of the advantages of getting older is the life experiences you accumulate. Being a parent is a rewarding – and challenging – life experience for me, and I never seem to get it quite right. My biggest hope is that my kids will grow to be disciples of Christ, honest, hard-working, good parents themselves, and give more to this world than they take.

I read many parenting books on this journey, but actual hands-on experience is what engrains it in our character. One of the best lessons I ever had was on the issue of humility. I remember one day, long ago, when I was about ten years old. My mother had a lady over to our home she had just met who stopped by for a visit. My mom showed her our house and took her into my father's small study/library. I, however, liked to refer to it as "The Trophy Room." This room housed all the baseball, football, and basketball trophies I obtained during my ten laps around the sun. I was obviously very proud of all these pieces of plastic, which was grotesquely evident after I proudly exclaimed to our visitor, "All of these trophies are mine, except for these two small ones of my brother."

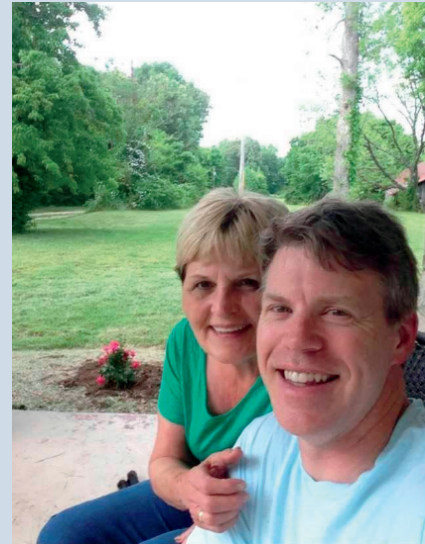
I was oblivious to the importance of the stern look my mother gave me at that moment. That haze turned into a blistering reality as soon as my mother shut the front door as the visitor left. "JOHNNY! I have NEVER been so EMBARRASSED. You NEVER brag on yourself. I was about to share what you had done, but you didn't give me a chance. Let others always do the bragging for you. Pride is ugly, and it precedes a fall."

Boy, that hurt.

But she was 100% right, and I knew it. To this day, if there ever is any award, accolade, a notice of "success" (whatever that means?), or any hint of my pride wanting to rear its head, I instantaneously think of that day with my mom in the Trophy Room.

I am so very thankful for my wonderful momma, Jessica Griffith. The mention of her name is sweet music to my soul, and I can never show her how much she means to me.

Thank you, mom, for so selflessly pouring your heart and soul into raising my two brothers and me. You are truly the best.



# Camp Lejeune Water Contamination Lawsuits

In August 2022, President Biden signed the Camp Lejeune Justice Act to provide judicial relief for victims of water contamination at Camp Lejeune as part of the Honoring Our PACT Act. If you lived, served, or worked at Camp Lejeune between 1953 and 1987 for longer than 30 days, you may be eligible for compensation.

It is believed that over one million men, women, and children were affected by the water contamination at Camp Lejeune. This includes Veterans and civilian employees working at Camp Lejeune, as well as their spouses and children.

Camp Lejeune opened in 1941, but its water quality issues began before construction. A nearby industrial dry cleaning site poisoned water wells with tetrachloroethylene, a suspected carcinogen. Once the facility opened, heavy chemical substance use exacerbated the water quality problem. Soldiers dumped oil and industrial wastewater in storm drains and buried potentially radioactive material. There was even a daycare program opened in a former malaria control shop that was previously used to mix and store dangerous pesticides. As a result, perchloroethylene (PCE), trichloroethylene (TCE), benzene, and vinyl chloride are just a few of the dangerous chemicals that contaminated Camp Lejeune's drinking water.



GriffithLaw believes that safe drinking water is a basic human right. If you or your family members have suffered serious health effects due to the contaminated drinking water at Camp Lejeune, our experienced legal team is here to help. However, you must act quickly. There is a cap on the funds the government will be distributing, and failing to follow the necessary steps in a timely fashion could result in your case being dismissed.

Please visit our website for more information or give us a call at (615) 807-7900 to schedule your free, no-obligation consultation.

## September RAVING FAN OF THE MONTH

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I was hit by a car while at work. I am so glad I contacted Griffith Law Firm to help me with my case. I wasn't sure I even had a case to begin with or if they would represent me. Well the answer was yes to both. Josh is a fighter and would not back down to obstacles he continued to run into throughout the proceedings. Nathan is so instrumental in keeping communication open of what's going on with the case and I'm so grateful for our conversations on the hard days. Thank you to everyone at the law firm for all your hard work.

”



**Dawn Thornsberry, Nashville, TN**

Let Us Share Your Story!  
Email [stephanie@griffithinjurylaw.com](mailto:stephanie@griffithinjurylaw.com) to be featured in the next newsletter.

# Meet the Newest Member of the Griffith Law Family!



## Griffith Law's Own Welcomes New Bundle of Joy!



As many of you know, Kirby White has been a part of the Griffith Law family for the last six years as a trusted paralegal, respected office manager, and proud Tennessee Volunteers fan. Very recently, Kirby and his wife Caitlyn have welcomed a baby boy into the world! We are all praying for many blessings upon these new parents!

## BACK 2 SCHOOL QUICK WEEKNIGHT MEALS



Recipe by:  
Trisha  
Yearwood

### Ingredients

- 4 tablespoons Butter
- 1 cup long grain white rice
- 4 Bone-in Pork Chops
- 1 10-ounce can of beef broth, more may be needed
- 4 onion slices, separated into rings
- salt and pepper to taste

### Instructions

- Preheat your oven to 350 degrees F.
- In a medium skillet, melt the butter over medium-low heat. Add the rice and saute until it is light brown, about 5 minutes.
- Spread the rice in a 9 by 13 by 2-inch casserole dish. Sprinkle the pork chops with salt and pepper and arrange them on top of the rice. Pour the broth and 2/3 cup of water over the chops. Spread the onion rings over the chops and cover the dish with aluminum foil and bake until the pork chops are tender, about 45 minutes.
- Change the oven to broil, add a bit more broth if the rice is dry, and return the dish to the oven for a couple of minutes until the pork is browned.

# An Amazing Offer for New Parents

**Now that your family has expanded, there are new priorities in your life.**

For the first time in your life, you may be thinking about having to buy a home or purchasing life and/or disability insurance for yourself and your spouse.

Obviously, we don't sell insurance, but handling claims against insurance companies is what we do at GriffithLaw.

Do you know what's most disappointing?

When people come to us with claims, most of the time, we quickly notice that they have not bought the right insurance or they have not bought enough insurance.

So, here's my offer to you: if you are buying your own

insurance, let's get on a call or zoom to discuss. I'll

show you the questions that you should be asking and help lead you in the right direction to make decisions.

**IMPORTANT:** even if your employer is providing life or disability insurance, you should probably be looking at getting your own separate coverage.

Call us at 615-807-7900, and we can set up a time to chat!

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### We Want Your Review!

We love hearing from our clients & want your referrals and reviews! To Share Your Story Email:  
[Stephanie@griffithinjurylaw.com](mailto:Stephanie@griffithinjurylaw.com)

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WE ♥ LOVE OUR CLIENTS!

